

Level One Course Descriptions

EAFI 100: New Student Orientation

(5 hours)

This course is for students entering the Certificate Program, and will be offered directly preceding each weekend intensive course.

Content includes: *ground rules and guidelines for individual and group process *overview of the program *expectations for documentation *basic history and foundation of intermodal expressive arts *student's first in-person meeting with advisor.

EAFI 110: Intermodal Expressive Arts Intensive

(25 hours)

This course provides an immersion into the Intermodal Expressive Arts Process, including visual art, sound, music, movement, drama, writing, guided meditation. In a safe and supportive retreat atmosphere, students are invited to follow the thread of their own creative process and imagery through a series of guided intermodal experiences or portals to discovery. Students will set individual intentions at the beginning of the weekend and utilize the support of group and instructors to assist them. Both individual process and group process will be attended to and facilitated.

EAFI 120: Expressive Arts for Body/Mind/Spirit

(25 hours)

The focus of this course is on Intermodal Expressive Arts as a holistic field, which effects change in all aspects of human experience: body, mind, and spirit. The course will explore ways in which the different arts modalities bring growth and change, and how they work together as a holistic model. A variety of individual and group experiential processes will be introduced, focusing on physical, emotional, mental, and spiritual experience.

EAFI 130: The Scope of Expressive Arts: Individual Group, and Community

(25 hours)

This course introduces the scope or continuum of Expressive Arts work, from the intrapersonal, to the interpersonal, to the social/cultural/planetary. Both individual and collaborative expressive arts processes will be utilized in this course, and some attention will be given to designing and facilitating collaborative art projects.

Elective credits: 20 hours (10 hours to be completed through EAFI)

Student will work with advisor to determine electives that will complement the curriculum and reflect individual student goals.

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